



THE 7TH WORLD HEALTH QIGONG TOURNAMENT AND EXCHANGE
THE 3RD WORLD HEALTH QIGONG SCIENTIFIC SYMPOSIUM



DATE	TIME	EVENT	LOCATION		
Friday	8-9-2017	Morning	9:00 - 12:00	Meetings of IHQF Executive Board	Health Qigong village City: Wassenaar
		Afternoon	14:00 - 18:00	Meetings of IHQF Specialized Committees	
		Whole day	0:00 - 24:00	Arrival of delegations and participants for Referee training	Amsterdam airport Schiphol
Saturday	9-9-2017	Morning	9:00 - 12:00	World Health Qigong Scientific Symposium	Health Qigong village City: Wassenaar
		Afternoon	13:00 - 18:00	World Health Qigong Scientific Symposium	
		Evening	20:00 - 22:30	Opening Ceremony	
		Whole day	0:00 - 24:00	Arrival of participants	Amsterdam airport Schiphol
Sunday	10-9-2017	Morning	9:00 - 12:00	World Health Qigong Scientific Symposium	Health Qigong village City: Wassenaar
		Afternoon	13:00 - 18:00	Health Qigong Workshop: 1. Mawang Dui exercise 2. 12 step Daoyin Health Preservation exercise	
Monday	11-9-2017	Morning	9:00 - 12:00	Square demonstration	City: The Hague
		Afternoon	14:00 - 18:00	Health Qigong Workshop: 1. Mawang Dui exercise 2. 12 step Daoyin Health Preservation exercise	Health Qigong village City: Wassenaar
Tuesday	12-9-2017	Morning	9:00 - 12:00	Instructions for Judges & Judge examination	Sportscentre Wassenaar City: Wassenaar
		Afternoon	13:00 - 18:00	IHQF Duan Examination and Pregame	
		Evening	19:30 - 22:00	Pregame Technical meeting and Drawing Lots	
Wednesday	13-9-2017	Morning and Afternoon	09:00 - 18:00	Exchange and competitions: Group competition (1) Health Qigong – Yi Jin Jing (2) Health Qigong – Wu Qin Xi (3) Health Qigong – Liu Zi Jue (4) Health Qigong – Ba Duan Jin	Sportscentre Wassenaar City: Wassenaar
Thursday	14-9-2017	Morning and Afternoon	09:00 - 18:00	Exchange and competitions and award ceremony: Individual competition (1) Health Qigong – Yi Jin Jing (2) Health Qigong – Wu Qin Xi (3) Health Qigong – Liu Zi Jue (4) Health Qigong – Ba Duan Jin	Sportscentre Wassenaar City: Wassenaar
		Evening	starts at 20:00	Closing dinner, GALA & DJ	Health Qigong village City: Wassenaar
Friday	15-9-2017			Departure of all participants	to Amsterdam airport Schiphol

Addresses:

Sportscentre
Health Qigong village

Dr. Mansveltkade 7, 2242 TZ, Wassenaar
Duinrell 1, 2242 JP, Wassenaar