



## **Theses Circular**

### **The 5th World Health Qigong Scientific Symposium 2021**

The World Health Qigong Scientific Symposium is the most influential academic exchange platform in the worldwide Health Qigong field which the International Health Qigong Federation is working on. Four sessions had been successfully held. The 5th World Health Qigong Scientific Symposium, hosted by the International Health Qigong Federation and organized by All Japan Health Qigong Union, will be held in Hachioji, Tokyo, Japan on August, 2021, aiming to further promote the international Health Qigong scientific research, attract more experts and scholars to pay attention to and exchange Health Qigong scientific research, and constantly improve the international academic status of Health Qigong. International Health Qigong experts and scholars as well as the celebrities will be invited to carry out a wide range of cross-cultural, multi-angle, in-depth exchanges and discussion at the Symposium. The specific issues related to the thesis requirements are as follows.

#### **I. Theme**

The theme of this Symposium is “Promote Health Qigong and Share Healthy Life”. The Symposium will focus on the hot points relating to the theme, the latest research achievements and its development to hold in-depth academic exchanges, and will organize series of activities including theme-reports, special-topic reports, interactive exercises and expert dialogues.

## **II. Suggested theses**

### **- General themes**

1. The international communication of Health Qigong under the background of Covid-19 pandemic.
2. Innovation and development of the international communication of Health Qigong.
3. Health Qigong wisdom and programs to build a community of human destiny.
4. Research on healthy lifestyle of Health Qigong.
5. Research on Health Qigong for fitness mechanism and its effect.
6. Research on Health Qigong intervention or prevention of common chronic diseases.
7. Research on health care and health cultivation through Health Qigong for different groups.
8. International development of Health Qigong under the background of sport and medical integration.

### **- Thematic theme**

The organizer hopes to make the host city - Hachioji, Tokyo, Japan, into a "Baduanjin" characteristic city, a Baduanjin thematice theme will be set up in this Symposium, which will involve the contents of Health Qigong · Baduanjin's routine characteristics, fitness functions, promotion methods and so on, as well as the creative ideas and implementing measures on how to build a "Baduanjin" characteristic city. These contents will be set up in a separate section for paper solicitation, as well as thematic exchanges in the Symposium.

## **III. Submitting requirements**

1. The thesis being of high academic value and non-secret and

non-plagiarized from others must be the original and created by the author, never published in any magazines or read at meetings and multiply submitted. The author shall be responsible for the article.

2. Thesis topic may be chosen among the suggested soliciting articles, or yet decided upon the theme.

3. Thesis, abstracts and appendix pages are requested written in Chinese and English languages in Word composition as shown in the Appendix.

#### **IV. Deadline**

1. Thesis submitting: March 31, 2021.

2. Notice of selected thesis: April 30, 2021.

3. Symposium date: August, 2021.

#### **V. Thesis submitting and contact**

Electronic format text to Symposium e-mail: [science@ihqfo.org](mailto:science@ihqfo.org).

#### **VI. Other matters**

1. The Symposium Organizing Committee is entitled to modify or edit the theses and recommend them to the institutions such as the collect and store up, index and publication unless the author states otherwise to the Organizing Committee.

2. All theses shall be reviewed and commented by the Symposium academic members and listed in this Symposium thesis volume if selected. The authors of the selected theses can participate in the Symposium at their own expense.

3. Several theme-reporting theses and several special-topic reporting theses will be decided on the basis of the selected theses. The Organizing Committee shall finance 1 major author of each selected theses in the following aspects:

major author of theme-reporting thesis: round trip international travel

fairs and board and lodging during the Symposium

major author of special-topic reporting thesis: board and lodging during the Symposium.

## **Appendix**

Requirements of Symposium theses for the 5th World Health Qigong Scientific Symposium 2021

International Health Qigong Federation

September 28, 2020



## Appendix

### Requirements of Symposium theses for the 5th World Health Qigong Scientific Symposium 2021

#### A. Abstracts requirements

The abstract of the thesis within 500 Chinese characters is in the order: topic, author name and her/his organization, official text and key words. The official abstract text without any charts is of 4 parts in the order: purpose, method, results and conclusion.

#### B. Full text requirements

The full text of the thesis within 8000 Chinese characters is in order: topic, official text, reference works, etc. without author's name and her/his organization. The text is requested in Word system composition on A4 layout, 1.5 times line space; page side space and eyebrow and bottom in tacit consent; page numbers in the middle.

#### C. Appendix Pages Requirements

Table 1 Appendix Pages Requirements

论文题目 Thesis Topic		
作 者 Author		### <sup>1</sup> , ### <sup>2</sup> , ### <sup>3</sup>
国家或地区 Country or Region		1.###, 2.###, 3.###
单 位 Organization		1, #####
		2, #####
		3, #####
第	姓名	##

一作者      First author	Name	
	年龄 Age	###
	性别 Gender	###
	职称 Title	###
	职务 Occupation	###
	研究领域 Research Fields	###
	联系地址 Address:	#####
	邮编 Postal Code	#####
	电话 Tel:	#####
	电子邮箱 E-mail:	###@###