



Notice on 2025 Health Qigong International Referee Skills Training Course

Dear Member Organizations,

In order to widely promote and popularize Health Qigong, further strengthen the team building of international Health Qigong referees, and meet the needs of international Health Qigong referee work, International Health Qigong Federation plans to hold training and examination for international Health Qigong referees in 2025. The relevant matters are hereby notified as follows:

1. Time

From June 28 to July 25, 2025.

2. Place and Mode

A combination of online and on-site way will be taken. Early training will be conducted online (From June 28 to July 14), and later training and examination will be conducted in Vancouver, Canada (July 25).

3. Attendants and Qualifications

The IHQF members are entitled to recommend eligible participants to attend the training course.

Applicants must meet the following requirements:

(1) Applicants from members in China mainland shall be recommended by Chinese Health Qigong Association.

(2) Applicants from members outside China mainland have reached the international Health Qigong Duan 3 or above, and shall be recommended by the Member Association to which they belong.

4. Training Contents and Agenda

(1) Training

- 1.Basic theory and knowledge points of Health Qigong
- 2.Health Qigong competition rules and refereeing operation
- 3.Health Qigong competition scoring operation exercise

(2) Examination

- 1.Basic theory examination
- 2.Referee practice examination

Date	Time	Contents
June 28 (Sat.)	19:30-21:30*	1.Health Qigong competition rules and refereeing operation(I) 2.The technique requirements and for mistake deduction points of Baduanjin and Shi'er Duanjin
June 29 (Sun.)	19:30-21:30*	1.The technique requirements and for mistake deduction points of Wuqinxi and Mawangdui Daoyinshu 2.Scoring exercise of Baduanjin and Shi'er Duanjin
July 5 (Sat.)	19:30-21:30*	1.The technique requirements and for mistake deduction points of Dawu and Yijinjing 2.Scoring exercise of Wuqinxi and Mawangdui Daoyinshu
July 6 (Sun.)	19:30-21:30*	1.The technique requirements and for mistake deduction points of Liuzijue and Taiji Yangshengzhang 2.Scoring exercise of Dawu and Yijinjing
July 12 (Sat.)	19:30-21:30*	1.The technique requirements and for mistake deduction points of Daoyin Yangshenggong Shi'erfa 2.Scoring exercise of Liuzijue and Taiji Yangshengzhang
July 13 (Sun.)	19:30-21:30*	1.Health Qigong competition rules and refereeing operation(II) 2.Scoring exercise of Daoyin Yangshenggong Shi'erfa
July 25 (Fri.)	9:00-10:30#	Theory examination
	10:30-11:00#	Referee practice examination
	11:00-12:00#	Competition organization in conjunction with the Vancouver event
	14:00-16:00#	Referee rehearsal and score tests

Note: 1.* Beijing Time, # Vancouver time.

2.The training content can be reviewed.

3.Learning requirement:

(1) It is required that participants preview the material in advance, take notes on the key points and difficult areas, and submit your questions before the teacher explains each content.

(2) Methods for submitting questions:

- Email: 744187815@qq.com;

- Submission via WeChat. A WeChat group will be created for this purpose at the appropriate time.

5. Related Matters

(1) The International referee Training examination consists of two parts: the theory examination and the referee practical exercise scoring examination.

(2) The theory examination shall be a closed-book examination with Chinese or English papers. The scope and requirements of the questions will be based on the "Competition Rules and Laws of Judgement of Health Qigong" officially published by Chinese National Health Qigong Management Administrator and books of nine routines.

(3) In the referee practical exercise scoring examination, the examinee will judge and score the movement demonstration in the video. Each examinee will evaluate and score twice. The first time, the examinee will evaluate and score the movement specification as a group A referee, and the second time, the examinee will evaluate and score the performance quality as a Group B referee. The content of the video is determined in advance by the evaluator.

(4) Those who pass both the theory examination and the scoring of refereeing practical operation are deemed to have passed the overall referee examination.

6. Evaluation and Recruitment

The IHQF will set up a review and evaluation group. The applicants who pass the examination and the review by the group, will be awarded a training certificate. Those who attend the training and demonstrate excellence in their assignments and scores will be possibly selected to serve as referees for the Vancouver World Tournament.

7. Fees

Training fee: USD200 / person (pay the Organizing Committee together with the registration by the organization).

Individuals who have attended the referee training courses in 2019 and 2023 may retake the courses free of charge (registration is still required).

8. Training & Upgrading

(1) Those who pass the training examination may use their examination results from this training as one of the bases for applying for upgrading to Grade B International Health Qigong Referee. Specific referee upgrading arrangements will be notified separately by IHQF.

(2) Those who fail the training examination can only make-up the unqualified subject(s) examination in next referee skills training.

9. Registration

The applicants taking the training shall submit their application materials to the Organizing Committee of the World Health Qigong Tournament & Exchange before the registration deadline.

10. Others

(1) The organization participating in the 2025 Vancouver World Health Qigong Tournament & Exchange can recommend one referee from the personnel attending the referee training, which is a consideration for the selection of the World Tournament referee.

(2) Those who have failed to pass the previous Referee Training Course can take the make-up examination.

(3) The training personnel are required to preview the 9 sets of Health Qigong routines involved in the training before the training.

